



Tip Sheet for Working with Siblings

Remember: from the sibling perspective, **transitioning roles from parents to siblings is challenging!**

Some of the key points of this audio clip are:

1. When siblings begin to be more involved in interacting with their sibling's provider agencies, the experience can be uncomfortable because agencies are more familiar with working with parents.
2. Sometimes siblings don't want to step on their parents' toes and may "go along" with their parents' wishes, in accordance with their family dynamics. Siblings may later be interested in making different decisions.
3. Out-of-state siblings may struggle with logistics of how to help their siblings.

Important tips to keep in mind for working with siblings:

1. Don't expect siblings to be just like parents
2. Be patient with family dynamics
3. You will learn over time how to best interact with siblings.
4. Actively reach out to siblings to establish a relationship. Invite siblings to organizational events. Ask siblings what they may need to know and how they may need support for themselves.